



Sage

Seniors Association

of Greater Edmonton

43rd | Annual Report | 2013

SAGE | Seniors Assosiation of Greater Edmonton

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WHO WE ARE

When you speak to Edmontonians about Sage, they tend to say that Sage doesn't look like, feel like, or act like any other organization. When a client, member, or volunteer walks into Sage, they are inevitably - and pleasantly - surprised.

From its earliest days, the organization has focused on developing programs and services that address individual needs and build on personal strengths. That focus has meant that the work of the organization evolved over time to best address the emerging needs and strengths of a growing, changing demographic.

Today, programs with a social work focus account for most of our work. We are a city-wide seniors'

organization that collaborates with partners who have one goal in mind: to make sure every senior in Edmonton is living their best life possible. To that end, we continue to offer an extensive program of client-driven activities that contribute to life enrichment and wellbeing. But today, those activities are just one part of a greater whole, a small but integral part of who we are.

We understand that some seniors might require more support than others: they may need to leave an abusive relationship, or require help with the clutter that has built up in their house. Maybe they need an income tax return prepared, a referral to a reliable service that will allow them to remain in their homes, or access to the resources that will help them move past a moment of crisis in their lives. Our job is to anticipate their needs,



offer them our expertise, and - if they wish - to move them along a continuum of opportunity, where we encourage them to contribute in whatever way they can to the community.

At Sage we believe that if the people we touch are happy and healthy, together we become better contributors to Edmonton and to Alberta. We partner with agencies, organizations, governments, foundations, and private industry to support seniors, no matter who they are: life-long Edmontonians or those new to the city, healthy or ill, rich or poor, lonely and struggling or - like a lot of us - simply looking to make a more meaningful contribution. Whatever the need may be, our goal is the same: to help every Edmontonian live as full, healthy, and adventurous a life as possible.

Community Relations

Life Enrichment

Guardianship and Trusteeship

Assessment and Support

Outreach

Multicultural Seniors Outreach

Housing Information Services

Home Services

This Full House

Volunteer Services

English Language Education

Sage Awards

Seniors Housing Forum

Publications/Directory of Senior Services

Sage Savories

Income Tax Preparation

MESSAGE FROM THE PRESIDENT

Diverse. Engaged. Committed. I used these words in the past year to describe the Sage Board of Directors. These same words describe our staff, volunteers, clients, and members. At Sage, we know that the wisdom, energy, and vision of seniors contribute to the quality of life of our community. Every day, seniors engage in unique and vital roles as volunteers, leaders, caregivers, employees, citizens, consumers, taxpayers, voters, and donors.

At different points in life, we all need supports or guidance, and Sage invests in making a meaningful difference for seniors, championing them to be the best they can be for as long as they can. Over the course of 2013, many people contacted Sage seeking information or requesting assistance with their mental, physical, emotional, social, cultural, and/or financial wellbeing. The story underlying those contacts is that Sage staff, volunteers, and collaborators met with, listened to, laughed (and cried) with, advocated for, supported, celebrated with, and moved forward with hundreds of individuals undergoing unique - and often complex - life experiences. Their issues or needs ranged from housing, home services, and transportation, to coping with grief, emotional or physical health, abuse by loved ones, hoarding behaviours, poverty, and social isolation. Sage staff and volunteers cheered small victories and marveled at the resilience of the human spirit.

While Sage is notably a social services organization that supports seniors through sometimes difficult circumstances in new stages of life, it also promotes healthy aging and offers a place to take classes, join groups, and seek adventures. The power of Sage lies in its use of a holistic model to intertwine physical, mental, emotional, social, and financial wellbeing with life enrichment. Anticipating, envisioning, taking action, and collaborating define the practices of Sage in the pursuit of effectively serving Greater Edmonton seniors.

In recognition of the multicultural community it serves, Sage focuses on nurturing relationships and diversifying program, staff, and organizational activities. Sage will continue to strive for excellence in the services and programs it offers. Programs will remain in partnership with strong collaborators, and Sage will carry on addressing individual, group, and societal trends. At Sage, we look forward to taking an active role in the transformation that will occur within Edmonton's recently launched Age-Friendly initiative.



Dr. D. Lynn Skillen
President, Board of Directors

MESSAGE FROM THE EXECUTIVE DIRECTOR

The purpose of an annual report is to keep our clients, members, and funders apprised of the work that we are doing – to let people know what we have been working on, who we have been working with, and how we have reached our goals over the past year. It is an opportunity to detail our accomplishments, and to draw a clear line between those accomplishments and the mission, vision, and objectives of our organization. But most importantly, it is way for us to explain why we do what we do, to show you why we focus our energies and resources the way we do, and to detail the difference that we make. And that means telling you about the people for whom we do what we do.

Our mission at Sage is to inspire and support seniors to be the best that they can be. To do that, we need to look beyond the category of “senior” to the person him- or herself. We need to consider the whole person and understand that we all age differently: we have different needs, strengths, and interests, and life’s transitions will impact us in unique and sometimes unexpected ways. Our programs and services are designed to address individual needs and build on personal strengths. We believe seniors are assets in our communities. We’re here to help when help is needed, and ultimately to encourage seniors to contribute as much as possible wherever possible, so that they can continue to fulfill their potential.

What follows in this report is a brief overview of the spectrum of programs and services that we offer at Sage, many


accompanied by the story of an individual who has been touched by that program. As you read through it, I hope you get a sense of the commitment we have to our work, of our ability to work together across programs to provide comprehensive support that considers the whole person, and of our willingness to collaborate with community partners who share our vision. Most of all, I hope that as you read through it, you get a sense of why we do the work that we do.



Roger Laing
Executive Director

The **HOUSING** Program works with seniors to increase their knowledge of housing resources, including information on rent supplement and affordable housing programs. The program uses a No Blame Harm Reduction model to help seniors secure safe, affordable housing that meets their individual needs.

When Peter,* a homeless man in his seventies dealing with severe depression, first found the courage to contact Sage, he was overwhelmed and living with fear and shame about his situation. He hadn't filed his taxes for over 20 years. Sage staff referred him to the supports he needed and encouraged him through the process of filing his taxes, and over time developed a trusting relationship with him that made it possible for him to open up about what was going on in his life. As a result, Sage staff were able to stabilize Peter's situation without devaluing his experience: they helped him to set goals, establish a plan, and follow it through. They helped him find secure, stable, and affordable housing. More than a home, they helped him find relief, satisfaction, and a sense of accomplishment.

A black and white photograph of a row of two-story houses with front porches. The house in the foreground is in sharp focus, showing its brick lower level and white siding upper level. The porch has white columns and a white railing. The house number '805' is visible above the door. The rest of the row of houses recedes into the background, becoming increasingly out of focus. A paved walkway runs alongside the houses.

1137 people contacted Sage's Housing program for information and assistance with housing issues.

LIFE ENRICHMENT offers opportunities for seniors to learn, share, grow, and connect through a wide variety of programs. Remaining mentally and physically active is critical to health and wellbeing, and participating in group activities helps prevent loneliness and social isolation.

When Phyllis* first started attending a weekly wellness group, she would arrive on time, leave immediately afterwards, and keep quietly to herself throughout the session. But when that program ended, she decided to sign up for BrainFit, a Life Enrichment program that focuses on brain health. She quickly discovered that the program provided more than good mental exercise: it was a reason to get up in the morning, a chance to meet new people, and to try new things – it was something that gave shape and purpose to her day. She hadn't realized how lonely she had been, or the difference an everyday activity could make to her health and happiness. Now, she comes to Sage for more than just her class: she comes for coffee and a visit, she takes part in other activities, and joins in on outings. Far from the days when she quietly kept to herself, Phyllis now radiates confidence and counts Sage as a part of her community.



98 different programs, classes, events, excursions, and activities were offered at Sage.

The Life Enrichment program partnered with 61 organizations and was involved in 23 community initiatives.



ASSESSMENT AND SUPPORT works to ensure that the needs of seniors and their families are being met in all areas of life. Social work staff provide assistance, information, and support to our clients, and help connect them to resources at Sage and in the broader community.

After several years of marriage, Clyde* was struggling with his relationship and looking to move in to his own home. Separating from his wife was going to place him at risk financially, as he was not receiving seniors' benefits. Our social workers worked with Clyde to file for his separation and apply for the Alberta Seniors Benefit and Guaranteed Income Supplement, and helped him find accommodation in subsidized seniors' housing. However, because of a delay in processing related to his separation, Clyde's monthly income was going to fall short of his needs for four months: the benefits would be retroactive, but he was going to have to wait for them. We connected Clyde to a government organization that could supplement his income over the waiting period, and he arranged to have that funding deducted from his benefits when they came into effect. When the retroactive pension was paid four months later and the supplement had not been deducted, Clyde knew that he could call on Sage to sort the issue out. Together we persisted, and Clyde was able to repay the advanced amount.



Our Assessment and support program provided 1497 individual services to seniors and their families.

OUTREACH at Sage is available when seniors are seeking support to address multiple challenges in their lives. A social worker at Sage will connect older adults and their families with the resources, services, and supports they need to lead healthier and happier lives.

Before Rose* entered our program, she was faced with the many difficulties that can arise from strained relationships and inappropriate housing. When we first met her, she explained how past relationships had led her to be mistrustful of others - including professionals - and had significant fear about the future. We worked to build a relationship with her where she felt heard, connected, and secure enough to identify the areas of her life that she wanted to work on: these included her finances, her housing situation, and her physical and emotional health. We worked with Rose to identify and access the community resources that she needed to find and furnish a new home, get new glasses, connect to a mental health program, file her income tax, and stabilize her finances. As we worked with her to address her immediate needs, Rose gained confidence in her ability to live independently, to be actively engaged in daily living, and to continue to meet the goals that she had set for herself. Perhaps most importantly, she gained the hope for the future that comes from leading a healthier, happier life.

- IDENTIFYING NEEDS
- CONNECTING TO RESOURCES
- EMOTIONAL SUPPORT
- COMMUNITY OUTREACH



Sage's **GUARDIANSHIP AND TRUSTEESHIP** program provides free assistance to people who need to make a court application for the private guardianship or trusteeship of a mentally incapacitated adult. Program staff provide information sessions and one-to-one appointments to clients who are referred to us by government and community organizations.

Mary's* husband had progressive dementia and was in the hospital because of a hip fracture. Because there were no Personal Directive or Enduring Power of Attorney documents in place, and he was unable to make his own personal and financial decisions, Mary was encouraged to apply for Guardianship and Trusteeship. She was frustrated and frazzled about the whole process, and had no idea where to begin – so the hospital staff recommended that she contact Sage. When she arrived, Mary was angry about having to negotiate the application process just to make decisions for her own husband. Given the opportunity to be heard, and the guidance she needed to complete a very complex set of court documents, her frustration gave way to confidence, and she began to feel empowered by the process. At her final visit to the program, Mary expressed her gratitude to our staff member, thankful for her support and encouragement through a difficult time and process.

*names have been changed for privacy purposes



Our Guardianship and Trusteeship program offered 31 information sessions and assisted 377 clients – meeting with 338 clients in one-on-one appointments.

Through the **MULTICULTURAL SENIORS OUTREACH PROGRAM** Sage partners with the Multicultural Health Brokers to address health inequity and social isolation among immigrant and refugee seniors, many of whom are dealing with complex life circumstances. The program uses a best practices model to address the issues of deep isolation that come as a result of language, cultural, and economic barriers.

Because of language barriers and poverty, many of Edmonton's immigrant seniors are deeply isolated, often dealing with depression and/or post-traumatic stress disorder, and lack the confidence to reach out for support and services. Their adult children are fully engaged in "survival", working long hours in low paying jobs to help establish their families in this new country, and these seniors are reluctant to add their own needs to an already heavy burden. The Outreach Program allows seniors to reach out to Health Brokers who are already embedded in and providing support to their immigrant communities. Once the connection is made, seniors begin to benefit from our holistic approach, the companionship of their peers in support groups, and the special programming that is designed to meet their interests and needs.



Social planners estimate that as many as 30% of seniors in Edmonton are immigrants or refugees. The Multicultural Seniors Outreach program currently serves seniors from Kurdish, Iraqi, Lebanese, Korean, Spanish-speaking, Eritrean, Ethiopian, and Former Yugoslavian communities.

Our Mission

Inspiring and supporting seniors to be the best they can be.

1600 referrals were made to people looking for Home Services

112 volunteers donated 12,725 hours of their time

13,306 participants enjoyed our Life Enrichment programs

298 seniors accessed our Multicultural Seniors Outreach Program

45,000 copies of the Sage Directory were distributed to over 600 organizations

Our Vision

A community where all seniors are valued and have the opportunity to live according to their beliefs, abilities, and aspirations.

Our Objects

To enhance the quality of life of older persons and their families by providing:

- Services that promote socialization, intellectual stimulation, skill and information acquisition;
- Services that enhance the safety and well-being of older persons who are, or who may become, isolated, disadvantaged or at-risk in the community;
- Information and services that assist older persons to participate as active members of the community and to reside safely in accommodation that meets their needs; and
- Research and advocacy on issues affecting older persons.

100+ low
income and
refugee seniors
learned English
as Another
Language

44 abused
seniors found
refuge in the
Sage Safe House

50+ exhibitors
came together
for our Housing
Forum


1400 people
contacted our
Guardianship
program

1100+ people
enjoyed the
benefits of
membership

VOLUNTEER SERVICES at Sage works creatively to identify the needs of our organization, to provide meaningful opportunities for our volunteers, and to nurture these relationships over time. Our volunteers touch every area of the work that we do, and the pride and ownership they take in their work here is vital to our success.

Because Betty* lives alone, she had few interactions with other people and was feeling isolated. A friend of hers, who is a frequent visitor at Sage, encouraged her to look into the programs that we have to offer. When she came to Sage, she noticed that there was a volunteer position available for data entry, and decided to apply – she had some computer experience, and was interested in developing new skills. That was 15 years ago: Betty remains a regular volunteer at Sage, and over the years has worked in various volunteer positions. She continues to enjoy the variety and opportunity to learn new things, and appreciates the social interaction she has with Sage’s staff and volunteers. Perhaps most rewarding, however, is knowing that when she welcomes our regular clients, she can greet them by name.

*names have been changed for privacy purposes



Sage volunteers range in age from 20 to 92 years old. Our longest serving volunteer has been with Sage for 27 years.

HOME SERVICES provides seniors with referrals to registered, reliable, and trustworthy businesses that can provide the services and support that seniors want and need to maintain their independence and remain in their homes.


After the loss of her husband, Maria* was feeling lonely in her big house and wanted to downsize to a smaller home. Although her children live in Edmonton and help her out whenever they can, they have young families and busy work schedules, and Maria doesn't want to be an added burden. She contacted Home Services and spent time discussing her needs with one of our volunteers, who provided her with three reliable service providers that could assist her with downsizing and moving. Because we only refer seniors to companies who meet our standards, Maria was able to confidently choose a company that met her needs and fit within her budget. The service helped her to manage her move independently, and she is happy to know that she can continue to manage her home without needing to rely on her children.



Requests for Home Service referrals increased by approximately 10% between 2012 and 2013.

Sage's **THIS FULL HOUSE** program offers practical and emotional supports to older adults who are living with the effects of hoarding – the excessive accumulation of possessions that can threaten safety and health, and place seniors at risk of injury, social isolation, and emotional distress. The program includes individual action planning, connection to Sage and community resources, a monthly support group, and ongoing support in the home.

For the second time in two years, Rita* was being evicted from her home because she had filled it with so many things that it had become unsafe for her and for those living around her. Each of her possessions had special meaning and purpose for her, and she was finding it difficult to decide between what to keep and what to discard. She was unable to avoid eviction, but did agree to work with Sage and a community partner to begin to build a better future. After many visits, we gained a greater understanding of Rita's situation, and by building her strengths into every step of our action plan, were able to help her find a new place to live, move her belongings into storage, and connect to the community supports that allow her to thrive in her new home. Continued connection with others who also experience hoarding has helped Rita realize that she is not alone, and that there is always hope for the future.



“Some of the greatest gifts I’ve received have come directly from our clients: they have taught me about resilience in the face of extreme adversity, holding on to hope, continuing to work hard, honouring one’s values, and the beauty seen in things others may not see.”

– Sage Staff Member

THE SAGE SAFE HOUSE

The Sage Safe House provides temporary accommodation for men and women 60 years of age or older who are in need of refuge after leaving an abusive situation. Qualified social work staff provide the holistic case management, peer support, professional and practical assistance, and connections to community resources that help residents to deal with all the areas of their life that have been impacted by abuse. Residents receive furnished accommodation for up to 60 days, and are provided with meals, snacks, toiletry items, and weekly housekeeping services throughout their stay.

It is the only program in Northern Alberta that offers this service to seniors. The accommodation consists of seven suites and a common area on a secure floor in a seniors' high-rise apartment building in Edmonton. The Sage Safe House frequently runs at full capacity, with residents occupying most of the seven rooms at any given time. Often, there is a wait list for seniors to get a suite in the Safe House.

THE SAGE SAFE HOUSE REFURBISHMENT PROJECT

In 2011, Occupational Therapy Masters students from the University of Alberta assessed the conditions of the Safe House and identified a need for significant improvements to the facility. Recommendations were made regarding minor structural modifications and changes to furniture and fixtures that would increase comfort, ease of use, safety, and mobility. Perhaps most importantly, the need for a welcoming, well-maintained facility was identified as a key contributor to client confidence and sense of wellbeing throughout their stay at the Safe House.

In 2012, Sage began to seek the funding required to complete a much needed refurbishment of the accommodations at the Safe House: the furniture was old, the suites were no longer senior-friendly, and the environment was not conducive to the restorative goals of the Safe House program. The state of the suites was negatively impacting the Safe House program's capacity to help seniors achieve a life without abuse.

The Sage Safe House refurbishment project, now complete, began in October 2013 and included replacing the flooring and baseboards, as well as the kitchen and bathroom cabinetry, countertops, and light fixtures. A fresh coat of paint was applied throughout the Safe House, and the furniture and beds have all been replaced. The result is a healthy, safe, welcoming, and supportive environment for our clients.

DONORS

**The Safe House
Refurbishment would
not have been possible
without the support of
the following donors.**

**We thank you for your
contribution!**

Allard Foundation
Edmonton Oilers Community Foundation
Edmonton Strathcona Lions Club
Golden Eagles Hockey Club
New Horizons for Seniors
No Room In the Inn
Rotary Club of Edmonton
Stollery Charitable Foundation
St. Paul's Foundation
The Home Depot Canada Foundation



LESLIE'S STORY

Leslie was originally a Safe House client in 2010. She had recently moved to Edmonton from Nova Scotia to be with her sons, but was “abandoned by [her] two boys once the money ran out”. Not really understanding “where [she] was on the map,” Leslie felt scared and uncertain – she couldn’t go home, and had no access to the social supports that can come from having lived somewhere for a long time.

She was initially admitted to a safe house that “was for young people with children,” where she felt “lost, not progressing” and was struggling with how to move forward. When she was moved into Sage’s Seniors Safe House, which is “more suited to the needs of [her] generation,” Leslie was able to find some hope, and to begin to move forward.

Four years later, Leslie has moved on from the Safe House, but continues to express a deep gratitude for her time and experience there, referring to it as “an essential place” that “literally saved [her] life”. She continues her connection to the Safe House through volunteering, and by attending the weekly support group meetings for residents past and present.

Despite her gratitude, Leslie is, and was, aware of the shabby state the Safe House was in upon her

admission. She was originally placed in a wheelchair accessible suite, but the carpet smelled so strongly of urine, despite having been cleaned, that she became physically ill and had to be moved to another suite. The removal of the carpets has been an extremely important change for Leslie, who understands not only that some seniors are dealing with incontinence issues, but also how that can have a residual impact on others.

“Even though [she] thought it was heaven” when she lived at the Safe House, she says that it feels more like a home now, because it is much brighter and more cheery. And it is that sense of home that Leslie says is the most important thing, particularly to people “who are so low they don’t know how to pull themselves up” – to be placed in the Safe House now, she says, “makes you feel like you might be worth coming out of that.”

And she is not the only one who appreciates that sense of home: she often hears from Safe House residents that they love and appreciate the renovations, even though they do not know what it looked like before the project began. One lady she spoke with recently told Leslie that the bright and cheery atmosphere at the Safe House “has given her hope that she will have a real home again,” because being there is “just like normal people live”.

The Safe **HOUSE FOLLOW UP Program provides continuity of services for clients who are transitioning from the Safe House into the community. A familiar and trusted staff member works with clients after their stay at the Safe House to ensure that they are safe in their environment and able to access community supports and services.**

After George*, an educated gentleman who struggles with health issues, was discharged from the Safe House, his relationship with his abuser resumed. He once again began to experience financial exploitation and become involved in substance abuse. The transitional support that he received from the Safe House provided a connection that he needed to establish himself more confidently, and he was able to take control of his life and cease his substance abuse. Ultimately, he was empowered to make the decision to move away to a community where he has both friends and financial support.

*names have been changed for privacy purposes

Housing Forum

The Seniors' Housing Forum connects seniors, their families, and caregivers with resources and supports to promote aging in place. This year, the Forum consisted of more than 50 booths representing a variety of seniors-serving organizations, and was attended by over 600 people. The Housing Forum addresses the tremendous need in the senior community for information related to housing and services.

Sage Awards

The Sage Awards honour the outstanding achievements and contributions of seniors in our community. Ten extraordinary individuals were honoured for their work in a wide variety of categories, including Social Justice & Peace, Environment, and Education. The Awards embody a belief that is central to Sage's work - that older adults form a bright, skilled, and innovative group of people with much to offer to our community.

Sage Savories

Sage Savories is a social enterprise established by Sage. Social enterprise is a venture operated by a nonprofit organization that creates both social and economic value, and generates revenue to support the mission of the organization. Revenues from Sage Savories are used to directly support Sage's various social programs. This year, Sage sold an average of 1875 Sage Savories meal items per month, generating a significant revenue stream. Sage Savories is an important funding source that allows Sage to inspire and support seniors to be the best they can be.

Sage has teamed up with the Heart and Stroke Foundation to offer a healthier line of single-serve soups, meals and desserts. Over half of the Sage Savories menu items bear the Health Check™ logo, indicating that these items have been reviewed by the Heart and Stroke Foundation's registered dietitians. To earn the Health Check™ symbol, every food or menu item in the program must meet specific nutrient criteria, established by Health Check, based on the recommendations in Canada's Food Guide. Sage was the first nonprofit and small producer to undergo the Heart and Stroke Foundation's Health Check program and earn the Health Check™ symbol.



Professional Information Program

Sage organizes periodic Professional Information sessions to encourage professional development for seniors' serving professionals and improve the services available to seniors throughout Edmonton. These sessions provide a venue for continued learning and discussion of important topics relevant to professionals working with seniors. In 2013, Sage hosted three Professional Information sessions covering the topics of Debt Solutions for Seniors, Bed Bugs, and Alzheimer's and Other Dementias.

Planting Roots

This program provides seniors with the opportunity to grow their own organic vegetables at two community gardening sites.

Directory of Senior Services

The Directory of Senior Services has remained a free public resource for 30 years. Updated and published annually, Sage distributes 45,000 copies to 600 organizations throughout Greater Edmonton.

“At the University of Alberta Hospital Seniors Outpatient Services we are extremely grateful for the Sage Directory of Senior Services. Over the two years that I have been here, it has proved to be an invaluable resource for families caring for older people and for older people themselves in need of a single source of information about available services to help them.”

Adrian Wagg, MB, BS, FRCP, FHEA (MD)
Professor of Healthy Ageing
Division Director, Geriatric
Medicine

Income Tax

The Volunteer Income Tax Program is of great benefit to low-income seniors. The program provides tax preparation services for seniors who are unable to prepare their own tax returns, and who cannot afford to pay someone else to do it.

In addition, most low-income seniors receive a Guaranteed Income Supplement from the federal government and a Seniors Benefit from the provincial government. These benefits are paid based on the seniors' income for the previous year. In order to continue receiving these benefits, seniors must file their income tax return every year. The Volunteer Income Tax Program helps to ensure that low-income seniors receive the financial benefits for which they are eligible.

In 2013, 18 volunteers completed 1100 tax returns for low-income seniors. Income tax clients donated \$8,900.00 to help support programming at Sage.

Sage's Dedicated Board

The Board of Directors normally consists of 12 Directors.

Those serving for the period May 2012 to April 2013 and their committees were:

Executive: January - June 2013

President.....Bauni Mackay
President Elect.....D. Lynn Skillen
Past President.....John Schiel
Secretary.....Joyce Tustian
Treasurer.....Lindsay McGill

Executive: June – December 2013

President.....D. Lynn Skillen
President Elect.....Barb Burton
Past President..... Bauni Mackay
Secretary.....John Schiel
Treasurer.....Lindsay McGill

Board Members at large: January – December 2013

Mohamed Assaf
Reg Joseph
Daniel Morrow
Michael Phair
Adrien Tremblay
Joyce Tustian (Jun-Dec)
Roger Laing

Retired or Resigned in 2012

H.R.D. Beckman
D. Junk
D. McIntyre

Advocacy Committee members: January - November 2013

Peter Faid
Mary Masson
Karen Mills
Shirley Redmond

Collaborators and Partners

Collaborations and partnerships with other organizations are an essential component of every program that Sage offers. We honour the contributions these organizations make in assisting Sage to meet the needs of the seniors we serve. This is a small sample of these organizations.

ASSESSMENT

Community Geriatrics Psychiatry- AB Health Services
Income Support – AB Human Services
Alberta Seniors Benefits- AB Human Services

ENGLISH AS ANOTHER LANGUAGE

Millwoods Multicultural Women and Seniors Services
Association

GUARDIANSHIP PROGRAM

Centre for Public Legal Education Alberta
Edmonton Community Legal Centre
Gateway Association for Community Living

HOME SERVICES

Better Business Bureau of Central and Northern Alberta
Edmonton Federation of Community Leagues
Society of Seniors Caring About Seniors
South East Edmonton Seniors Association
Westend Seniors Activity Centre

HOUSING FORUM

Alberta Association on Gerontology
Alberta Continuing Care Association
Alberta Health
Alberta Health Services
City of Edmonton
Excel Society
Lifestyle Options Retirement Communities
Greater Edmonton Foundation

LIFE ENRICHMENT

Don Wheaton YMCA
Edmonton Seniors Coordinating Council
Glenrose Rehabilitation Hospital
University of Alberta
VON – Victoria Order of Nurses

MULTICULTURAL SENIORS OUTREACH

Multicultural Health Brokers Co-operative

PLANTING ROOTS

Catholic Social Services
Millwoods Wagner Community Garden
Queen Mary Park

SENIORS SAFE HOUSE

Assured Income for the Severely Handicapped
Elder Abuse Intervention Team
Good Samaritan Seniors Clinic
Home Care – AB. Health Services
Mental Health Services – AB Health
VON – Victoria order of Nurses

THIS FULL HOUSE

Dr. Christiana Bratiotis
Helping Hands Personal Assistants
Hoarding Coalition
Integrated Community Response to Hoarding

Organizations that have made Sage's programs possible

Groups & Foundations

- Abstractive Consulting Community Fund
- Alberta Association on Gerontology
- Alberta Health Services
- Austin S. Nelson Foundation
- Butler Foundation
- Canterbury Foundation
- Cable Family Community Endowment Fund
- City of Edmonton Cemeteries
- Civic Service Union 52
- Edmonton Community Foundation
- Edmonton Arts Council
- Edmonton Seniors Coordinating Council
- Excel Society
- Greater Edmonton Foundation Seniors Housing
- Lions Village of Greater Edmonton Society
- RBC Foundation
- Realtors Community Foundation
- Rebekah Lodge District #2
- Rotary Club of Edmonton
- Royal Alex Employees Charitable Foundation
- Shepherd's Care Foundation
- Strathcona Lions Club
- Strathearn United Church
- Herman and Elly deJongh Endowment Fund
- Korean Senior Citizen Society
- University of Alberta: Canadian Institute of Health Research
- Rebeke Lodge District #2
- UCWLC St. Josaphats General
- Muttart Foundation

Corporate Donors & Sponsors

- A.C. Waring and Associates
- Alberta Blue Cross
- Alberta Motor Association
- Alberta Ombudsman
- Angel Care of Northern Alberta
- ATCO Gas – EPIC
- ATCO Pipelines - EPIC
- ATCO I-tek Inc.
- Avison Young
- Boardwalk Rental Communities
- Canada Mortgage and Housing Corporation
- Christenson Developments
- City of Edmonton Cemeteries
- Collins Barrow Edmonton LLP
- Dignity Memorial
- Edmonton Senior Newspaper
- Elder Move
- Field Law
- First Memorial
- EPCOR Community Essentials Council
- Garneau Hall
- Gazette Press
- Lifestyle Options Retirement Communities
- MacKay LLP
- Manas Home Care Services
- Market Drugs Medical
- Melcor Developments Ltd.
- Millarcom
- Pharmacare - Specialty Pharmacy

- Priority Care Call
- Remax Accord
- Servus Credit Union
- Taylor Law Office
- The Churchill Retirement Living (Revera)
- The Cooperators
- Touchmark at Wedgewood

Funders

- Alberta Culture and Community Spirit
- Alberta Human Services
- Alberta Health - Seniors and Continuing Care Division
- City of Edmonton
- Edmonton Community Adult Learning Association
- Edmonton Community Foundation
- Government of Canada
- United Way

In Kind

- Corus Radio
- CTV
- Edmonton Journal
- Millarcom
- Robin Szala Design
- Starburst Creative
- Story Engine
- The Sutton Place Hotel
- The City of Edmonton
- Ekota Central Ltd. and Viewtrak Technologies Inc.

Imagine Canada

This year, Sage undertook an extensive process of accreditation under Imagine Canada's Standards Program, earning the Trustmark logo. The Trustmark indicates organizational excellence in five major areas:

- Board governance
- Financial accountability and transparency
- Fundraising
- Staff management
- Volunteer involvement

Imagine Canada developed the Standards Program to build excellence within Canada's charities and nonprofits through common standards of practice, as well as to strengthen confidence in the sector. The program involves a list of 73 standards to be met, a peer-review process, and annual compliance reports and audits. Sage is proud to hold itself to such high standards of practice, transparency, and accountability. We feel that Imagine Canada's Standards Program helps us to better serve the community of older adults in Greater Edmonton.



Financial Statements

Summarized Statement of Financial Position December 31, 2013

	2013	2012
Cash	\$294,092	\$235,778
Accounts receivable	130,428	42,047
Inventory	11,825	11,060
Prepaid expenses	33,830	28,841
	470,175	317,726
Long-term portfolio investments, at market value	459,422	463,533
Equipment	305,785	265,681
	\$1,235,382	\$1,046,940
Liabilities		
Current		
Accounts payable	\$122,105	\$57,778
Deferred contributions	473,050	392,057
	595,155	449,835
Deferred contributions related to capital assets	263,110	215,818
	858,265	665,653
Net Assets		
Unrestricted	(124,980)	(132,108)
Capital assets	42,675	49,863
Contingency	113,201	112,132
Investment	346,221	351,400
	377,117	381,287
	\$1,235,382	\$1,046,940

Financial Statements

Summarized Statement of Operations For the year ended December 31, 2013

	2013	2012
Revenue		
Government grants	\$1,279,470	\$1,258,128
Other grants	187,387	168,504
Self generated revenue	595,002	567,806
Donations and fundraising	235,346	230,991
Investment income (loss)	(428)	3,456
	2,296,777	2,228,885
Expenses		
Wages and benefits	1,272,427	1,286,076
Program expenses	571,164	541,530
Occupancy	152,829	107,449
Administration	154,835	141,315
Amortization	54,791	44,308
Other expenses	125,172	104,273
	2,331,218	2,224,951
Excess (Deficiency) of revenue over expenses before other item	(34,441)	3,934
Change in unrealized gain/(loss) on portfolio investments	30,271	4,173
Excess (Deficiency) of revenue over expenses	(\$4,170)	\$8,107

The complete audited financial statements are available upon request.



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